



SWIM WALES
WALES NATIONAL POOL SWANSEA
SKETTY LANE
SWANSEA
SA2 8QG,

Events Department
T: (01792) 513638 F: (01792) 513637
E: events@welshasa.co.uk
julie_tyler@sky.com

28th June 2011

British Gas Swim Wales Summer Nationals

Please find your entries in the draft programme on the Swim Wales website, together with some meet information shown below for the **British Gas Swim Wales Summer Nationals** taking place 30th July – 4th August 2011.

This event has been oversubscribed by approx. 25%. To enable us to accommodate as many swimmers as possible we have moved the fastest heat of the 800m and 1500m events to the finals sessions.

Any Swimmer who has an ALT next to their name is a reserve for that event and will be offered swims when they become available prior to the withdrawal deadline for that event. No swimmer will be added on the day. Please supply a contact detail (telephone number for a swimmer / parent or coach) for ALTS so that we can notify of you of any available swim.

Any swimmer marked with an ALT who does not get to swim will be given a refund.

Multi disability events will be integrated into the main programme and all events will be swum by event number order.

Please check the entries and let us know by e-mail (events@welshasa.co.uk) of any errors no later than Monday 11th July.

Yours sincerely

The Events Team



Tel : 01792 513638
Fax : 01792 513637

E-mail : events@welshasa.co.uk

**BRITISH GAS SWIM WALES
SUMMER NATIONALS**

30th July – 4th August 2011

**Thank you for sending entries for the above Meet being held at Wales National Pool,
Swansea.**

- ACCREDITATION** Coach passes will be available for collection at the meet office on arrival. Access to the changing village and poolside will be monitored and anyone who is not competing or does not have a pass will be asked to leave the area.
- SEEDING** There are no cards for this event. Following the deadline for withdrawals events will be seeded and start lists will be available for coaches. Copies will also be posted on poolside for swimmers to refer to.
- SESSION TIMES** Please see attached sheet for Confirmed Session times. **Please note that the fastest heats of the 800m and 1500m events has been moved to the finals sessions.**
Please put a copy of this on your club notice board and inform all relevant people of this information
- DRUG TESTING** SWIMMERS ARE WARNED THAT RANDOM DRUG TESTING MAY TAKE PLACE DURING THIS COMPETITION.
- WITHDRAWALS** Enclosed is a withdrawal form should you be unable to swim an event.
All withdrawals must be notified to the meet office in writing by no later than 5pm on the day before the event is to be swum.
For further information on Withdrawals please see Swim Wales Meet Conditions Rule 06.03 in your entry pack.
- PHOTOGRAPHY** Anyone wishing to use any type of camera at this meet must register at the entry desk and provide proof of identity. However, the use of mobile phones in the Wales National Pool is prohibited.

MARSHALLING

It is the responsibility of each and every competitor to present themselves at the marshalling area/call room in plenty of time before their swim. Failure to be in the Call room 20 minutes prior to the start of your final will result in a reserve being placed in your lane.

We always need Officials and staff to help run events. If you have any club staff that are willing to help then please ask them to contact Leisa Forrest at events@welshasa.co.uk or telephone 01792 513638

Best Wishes and we look forward to seeing you!

The Events Team



BRITISH GAS SWIM WALES SUMMER NATIONALS SCHEDULE OF EVENTS

30th July – 4th August 2011

Saturday 30 th July			Sunday 31 st July			Monday 1 st August		
Session 1			Session 4			Session 7		
Warm Up 08:00-09:15AM Start 09:20AM			Warm Up 08:00-09:15AM Start 09:20AM			Warm Up 08:00-09:15AM Start 09:20AM		
1&2	Y	50 Breaststroke	18&19	Y	100 Backstroke	32&33	Y	100 Breaststroke
3&4	MD	100 Freestyle	20&21	AG	400 Freestyle	34&35	AG	200 Backstroke
5&6	AG	200 Ind Medley				36&37	MD	100 Butterfly
7&8	MD	50 Butterfly				38&39	Y	50 Butterfly
9&10	Y	200 Butterfly						
Estimated Finish 12.05			Estimated Finish 12.05			Estimated Finish 12.00		
Session 2			Session 5			Session 8		
Warm Up 12:15PM-13:30PM Start 13:35PM			Warm Up 12:15-13:30PM Start 13:35PM			Warm Up 12:15AM-13:30PM Start 13:35PM		
11&12	AG	100 Backstroke	22&23	Y	50 Freestyle	40&41	AG	100 Freestyle
13&14	MD	100 Breaststroke	24&25	AG	100 Breaststroke	42&43	Y	800 Freestyle
15&16	Y	1500 Freestyle	26&27	MD	100 Backstroke	44&45	MD	50 Freestyle
17	Y	Boys 200 Medley Rel	28&29	Y	200 Ind Medley	46&47	AG	200 Medley Relay
			30	Y	Girls 200 Medley Relay			
			31	AG	Boys 200 Freestyle Relay			
Estimated Finish 16.00			Estimated Finish 16.15			Estimated Finish 16.10		
Session 3 Finals			Session 6 Finals			Session 9 Finals		
Warm Up 16:15-17:05PM Start 17:15PM			Warm Up 16:30-17:20PM Start 17:30PM			Warm Up 16:30-17:20PM Start 17:30PM		
1&2	Y	50 Breaststroke	18&19	Y	100 Backstroke	32&33	Y	100 Breaststroke
5&6	AG	200 Ind Medley	22&23	Y	50 Freestyle	34&35	AG	200 Backstroke
9&10	Y	200 Butterfly	24&25	AG	100 Breaststroke	38&39	Y	50 Butterfly
11&12	AG	100 Backstroke	28&29	Y	200 Ind Medley	40&41	AG	100 Freestyle
15&16	Y	Fastest Ht 1500 Free				42 & 43	Y	Fastest Ht 800 Fre
Estimated Finish 19.15			Estimated Finish 18.40			Estimated Finish 19.00		

Registered in England & Wales No. 4692354;

Registered address: Wales National Pool Swansea, Sketty Lane, Swansea, SA2 8QG

Directors: R.J. Eady (Chair); R. M. K. J. James (CEO); A. I. Jenkins; P Chmielewski; A. Bewley, V.J. Perry;
C Mathias (Co Secretary)



BRITISH GAS SWIM WALES SUMMER NATIONALS SCHEDULE OF EVENTS

30th July – 4th August

Tuesday 2 nd August			Wednesday 3 rd August			Thursday 4 th August		
Session 10 Warm Up 08:00-09:00AM Start 09:05AM			Session 13 Warm Up 08:00-09:15AM Start 09:20AM			Session 16 Warm Up 08:00-09:15AM Start 09:20AM		
48&49	Y	50 Backstroke	63&64	Y	400 Freestyle	75&76	AG	800 Freestyle
50&51	MD	50 Backstroke	65&66	AG	400 Ind Medley	77&78	Y	200 Backstroke
52&53	AG	1500 Freestyle						
Estimated Finish 11.15			Estimated Finish 12.00			Estimated Finish 11.45		
Session 11 Warm Up 11:30-12:45PM Start 12:50PM			Session 14 Warm Up 12:15AM-13:30PM Start 13:35PM			Session 17 Warm Up 12:00-13:15PM Start 13:20PM		
54&55	AG	200 Butterfly	67&68	Y	200 Breaststroke	79&80	AG	100 Butterfly
56&57	MD	50 Breaststroke	69&70	AG	200 Freestyle	81&82	Y	400 Ind Medley
58&59	Y	200 freestyle	71&72	Y	100 Butterfly	83&84	AG	200 Breaststroke
60&61	MD	200 Ind Medley	73&74	Y	200 Freestyle Relay	85&86	Y	100 Freestyle
62	AG	Girls 200 Freestyle Relay						
Estimated Finish 15.00			Estimated Finish 16.15			Estimated Finish 16.05		
Session 12 Finals Warm Up 15:15-16:05PM Start 16:15PM			Session 15 Finals Warm Up 16:30-17:20PM Start 17:30PM			Session 18 Finals Warm Up 16:15-17:05PM Start 17:15PM		
48&49	Y	50 Backstroke	67&68	Y	200 Breaststroke	75 & 76	AG	Fastest Ht of 800 Free
52 & 53	AG	Fastest Ht 1500 Free	69&70	AG	200 Freestyle	77&78	Y	200 Backstroke
54&55	AG	200 Butterfly	71&72	Y	100 Butterfly	79&80	AG	100 Butterfly
58&59	Y	200 freestyle				83&84	AG	200 Breaststroke
						85&86	Y	100 Freestyle
Estimated Finish 18.00			Estimated Finish 18.30			Estimated Finish 19.00		

Male Events will be swum before female events.

Individual Events - Age as at last day of meet

Age Groups

Boys

11/12 years, 13/14 years

Girls

10/11 years, 12/13 years

Youth

Boys

15/16 years, 17/18 years

Girls

14/15 years, 16/17/18 years

Relay Events - Age as at last day of meet

11-14 years

10-13 years

11-18 years

10- 18 years

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C Mathias (Co Secretary)



**2011
BRITISH GAS & SWIM WALES
SUMMER NATIONALS**

Saturday 30th July – Thursday 4th August

HEAT WITHDRAWAL FORM

Withdrawals from all events shall be notified to the Meet Office no later than 5pm on the day before the event is to be swum.

CLUB:

FIRST NAME:	SURNAME:
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EVENT NO:	DISTANCE & STROKE

NAME (PLEASE PRINT)..... SIGNED

For office use only
DATE..... TIME OF DELIVERY.....
RECEIVED BY

CONTACT DETAILS FOR ALTERNATE SWIMMER

Please return this form to events@welshasa.co.uk

Name of swimmer	Club	Name of contact	Telephone number

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